



City of East Palo Alto

AGENDA

Special Meeting

SENIOR ADVISORY COMMITTEE

Wednesday, December 5, 2018

1:30 – 3:30 P.M.

Lewis and Joan Platt
East Palo Alto Family YMCA
City Room
550 Bell Street
East Palo Alto, CA 94303

Enter from Euclid Street Entrance across from Bell Street Park.

Notice of Availability of Public Records: All public records relating to an open session item which are not exempt from disclosure pursuant to the Public Records Act, that are distributed to the majority of the Senior Advisory Committee will be available for public inspection at the Community Programs Manager Office, 2415 University Avenue, East Palo Alto, Ca at the same time that the public records are distributed or made available to the Senior Advisory Committee. Such documents may also be available on the East Palo Alto website www.ci.east-palo-alto.ca.us subject to staff's ability to post the documents prior to the meeting. Information may be obtained by calling (650) 853-3100.

Community Forum and Special presentations: Members of the audience may address the Senior Advisory Committee on any agenda item or on any item of interest to the public within the Council's purview, before or during the Committee's consideration of the item. If you wish to address the Senior Advisory Committee, please fill out a Speaker Sheet and give it to the City Clerk. When your name is called, step to the podium and address the Senior Advisory Committee. Speakers are limited to two minutes each, and presentations are limited to 10 minutes. The Chair has the discretion to lengthen or shorten the allotted times.



The City Room at the EPA YMCA is ADA compliant. Requests for disability related modifications or accommodations, aids or services may be made by a person with a disability to the Community Programs Manager office no less than 72 hours prior to the meeting as required by Section 202 of the Americans with Disabilities Act of 1990 and the federal rules and regulations adopted in implementation thereof.

SENIOR ADVISORY COMMITTEE

Dixie-Lee Specht-Schulz, Chair
Ola Augmon, Parliamentarian
Jeffrey Austin
Gemma Barceló
Amina Burrell

Ruth Cossey
Michael Francois
Isaac Stevenson Jr.
Lorraine Holmes
Stanley Yim

1) CALL TO ORDER AND ROLL CALL

2) APPROVAL OF THE AGENDA

3) COMMUNITY FORUM

Notice to the public: *Members of the public wishing to address the Committee are requested to submit a completed speaker sheet to the Committee Staff. Each speaker is limited to two minutes. The Chair has the discretion to lengthen or shorten allotted times. There will be no separate discussion of Consent Calendar items as they are considered to be routine by the Senior Advisory Committee and will be adopted by one motion. If a member of the Senior Advisory Committee, staff, or public requests discussion on a particular item, that item may be removed from the Consent Calendar and considered separately.*

4) ADOPTION OF SPECIAL MEETINGS MINUTES: By Motion adopt the Minutes of the July 11, 2018, August 8, 2018, September 5, 2018 and October 3, 2018 Special Meetings.

5) AGE FRIENDLY CITY UPDATES (1 hour)

Amina Burrell, Committee Member

Emily Pharr, Community Programs Manager

DISCUSSION: Discuss submission of age friendly practices to World Health Organization

6) SENIOR EVENTS AND PROGRAMS (15 minutes)

Emily Pharr, Community Programs Manager

DISCUSSION: Discuss City sponsored activities and programs geared toward East Palo Alto senior citizens and aging adults and review of event details and logistics.

- Senior Dance
- Health and Wellness Workshop Series

7) STAFF UPDATES (15 minutes)

Emily Pharr, Community Programs Manager

8) ADJOURNMENT

The Mission of the Senior Advisory Committee is to improve access to information to ensure healthy lifestyles and safe environments for all seniors